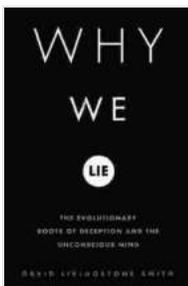


Unveiling the Evolutionary Roots of Deception: A Journey into the Unconscious Mind

In the realm of human interactions, where truth and falsehood intertwine, deception plays a pervasive role. From subtle omissions to outright lies, this complex behavior has left an enduring mark on our evolutionary history.



Why We Lie: The Evolutionary Roots of Deception and the Unconscious Mind by David Livingstone Smith

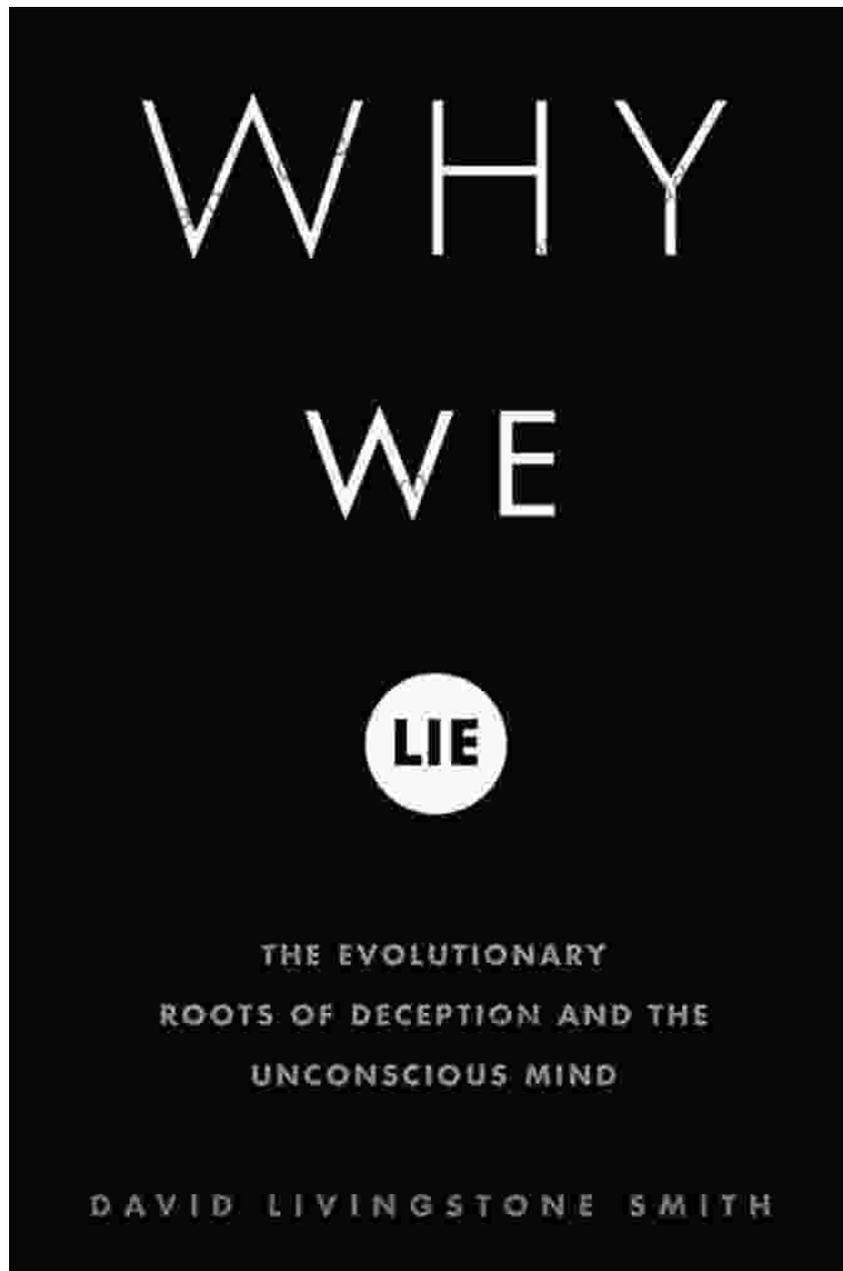
★★★★☆ 4.1 out of 5

Language : English
File size : 384 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 253 pages



In his groundbreaking book, "The Evolutionary Roots of Deception and the Unconscious Mind," renowned psychologist Dr. Richard Wiseman embarks on an illuminating journey to uncover the hidden origins and profound implications of deception.

The Evolutionary Imperative of Deception



Through meticulous research and captivating anecdotes, Dr. Wiseman unveils the evolutionary roots of deception. He argues that deception evolved as a survival strategy, enabling individuals to outwit predators, secure resources, and enhance their reproductive success.

In a fascinating exploration of animal behavior, the book reveals how deception manifests in various species, from elaborate camouflage to

mimicry and social deception. These examples provide insights into the fundamental drives and mechanisms underlying our own deceptive behaviors.

The Unconscious Mind's Role



While deception is often associated with conscious intent, Dr. Wiseman delves into the profound role played by the unconscious mind. He explains how cognitive biases, emotional triggers, and subconscious drives can influence our deceptive behaviors without our conscious awareness.

The book explores the fascinating interplay between our conscious and unconscious minds, revealing how self-deception, motivated reasoning, and the desire for social approval can shape our perceptions and decisions.

The Consequences and Ethics of Deception



While deception can provide short-term advantages, Dr. Wiseman also examines the long-term consequences and ethical implications of this behavior. He discusses the erosion of trust, the breakdown of social bonds, and the potential for widespread harm when deception goes unchecked.

The book emphasizes the importance of finding a balance between deception's potential benefits and its potential risks. It encourages readers to reflect on their own use of deception and to strive for honesty and transparency whenever possible.

Practical Applications and Insights

Secrecy and Society

ISSN 1547-0188

Volume 11 Teaching Secrecy

Article 2

January 2021

Keeping Secrets from Ourselves: Understanding Self-deception Through Theory, Evidence and Application

Mathew J. Creighton
University College Dublin, Ireland, mathew.creighton@ucd.ie

Follow this and additional works at: <https://search.proquest.com/docview/561106622>

Part of the [Other Sociological Collections](#)

Recommended Citation

Creighton, Mathew J. 2021. "Keeping Secrets from Ourselves: Understanding Self-deception Through Theory, Evidence and Application." *Secrecy and Society* 2(2). <https://doi.org/10.31019/2017-01101-2021-020202> <https://scholarworks.sjsu.edu/eoctr/issue/2021/02/020202>

This Special Issue Article is brought to you for free and open access by the School of Information at SJSU ScholarWorks. It has been accepted for inclusion in Secrecy and Society by an authorized administrator of SJSU ScholarWorks. For more information, please contact sjsu-lib@cs.sjsu.edu.



This work is licensed under a Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License.

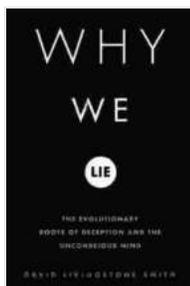
"The Evolutionary Roots of Deception and the Unconscious Mind" is not merely an academic treatise. It offers practical insights and applications that can enhance our understanding of ourselves and our interactions with others.

Dr. Wiseman provides techniques for detecting deception, understanding the motivations behind it, and minimizing its negative consequences. He

also explores the potential benefits of deception in specific contexts, such as in negotiations or when faced with threats.

In the tapestry of human nature, deception is an inescapable thread. By unraveling its evolutionary origins, exploring the role of the unconscious mind, and examining its consequences and ethical implications, Dr. Richard Wiseman's "The Evolutionary Roots of Deception and the Unconscious Mind" empowers us with a profound understanding of this complex behavior.

This thought-provoking book is an essential read for psychologists, sociologists, anthropologists, and anyone seeking to unravel the enigma of human deception. It offers invaluable insights into our own motivations, the dynamics of social interactions, and the enduring impact of deception on our personal and collective lives.



Why We Lie: The Evolutionary Roots of Deception and the Unconscious Mind by David Livingstone Smith

★★★★☆ 4.1 out of 5

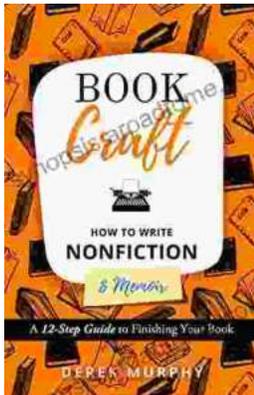
Language : English
File size : 384 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 253 pages





Unveiling the Enchanting World of Customs and Crafts: Recipes and Rituals for Festivals of Light

Embark on a captivating journey through the vibrant tapestry of customs and crafts entwined with the enchanting Festivals of Light: Hanukkah, Yule, and Diwali. This...



How to Write a Nonfiction Memoir: The Bookcraft Guide

Have you ever wanted to share your story with the world? A nonfiction memoir is a powerful way to do just that. But writing a memoir can be a daunting...