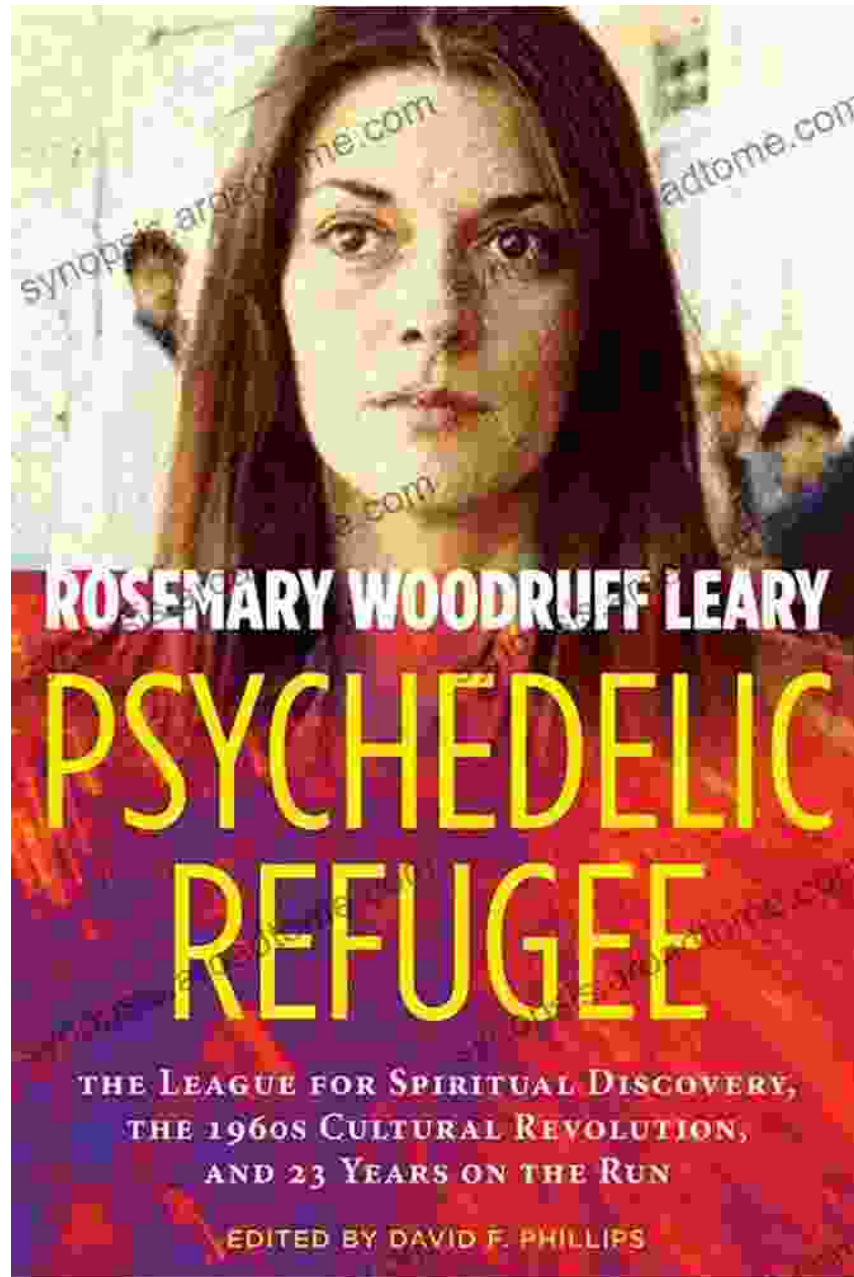
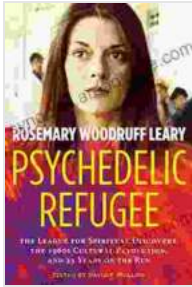


The League for Spiritual Discovery: A Transformative Journey Through the 1960s Cultural Revolution



Psychedelic Refugee: The League for Spiritual Discovery, the 1960s Cultural Revolution, and 23 Years



on the Run by David Phillips

★★★★☆ 4.8 out of 5

Language : English
File size : 4076 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 432 pages



The League for Spiritual Discovery: A Transformative Journey Through the 1960s Cultural Revolution

In the tumultuous and transformative era of the 1960s, a group of spiritual seekers embarked on an extraordinary journey that would leave an enduring mark on the cultural landscape. The League for Spiritual Discovery, founded in 1960, was a community of artists, writers, psychologists, and spiritual seekers who sought to explore the depths of consciousness and the transformative power of the psychedelic experience.

For over two decades, the League played a pivotal role in the burgeoning counterculture movement, facilitating consciousness-expanding workshops, hosting visionary conferences, and nurturing a vibrant community of like-minded individuals. Through their groundbreaking work, they not only influenced the cultural zeitgeist but also laid the foundation for the modern mindfulness movement.

Origins and Founding Principles

The League for Spiritual Discovery was born out of a shared desire for spiritual exploration and personal growth. Its founders, including Joan Halifax, Aldous Huxley, and Timothy Leary, were inspired by Eastern mysticism, psychedelic research, and the belief in the transformative power of altered states of consciousness.

The League's mission was to provide a safe and supportive environment for individuals to explore their inner worlds and cultivate spiritual awakening. They emphasized the importance of consciousness expansion, personal responsibility, and the interconnectedness of all beings.

Consciousness-Expanding Workshops and Conferences

One of the League's primary activities was hosting consciousness-expanding workshops and conferences. These events brought together leading thinkers, artists, and spiritual teachers to share their insights and experiences. Participants engaged in guided meditations, psychedelic sessions, and transformative exercises designed to unlock the doors to their inner consciousness.

Notable events included the Millbrook Conference on Consciousness in 1964, which featured guest speakers such as Allen Ginsberg, Ken Kesey, and Ram Dass. These gatherings became legendary for their potent combination of intellectual discourse, artistic expression, and personal exploration.

The Psychedelic Experience and Spiritual Transformation

The League for Spiritual Discovery played a significant role in the early exploration and understanding of the psychedelic experience. Through controlled research and personal experimentation, its members sought to

unlock the therapeutic and transformative potential of substances like LSD and psilocybin.

They believed that these substances could facilitate profound spiritual awakenings, allowing individuals to access higher levels of consciousness and experience the interconnectedness of all things. However, they also recognized the potential risks and advocated for responsible use.

Cultural Impact and Legacy

The League for Spiritual Discovery had a profound impact on the cultural landscape of the 1960s and beyond. Their ideas and practices influenced the development of the counterculture movement, the human potential movement, and the modern mindfulness movement.

Their emphasis on consciousness expansion, inner exploration, and personal responsibility resonated with a generation seeking alternative ways of being and experiencing the world. The League's legacy continues to inspire spiritual seekers and practitioners to this day.

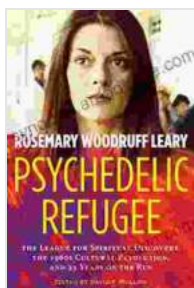
Joan Halifax: A Guiding Light

Joan Halifax, a renowned Buddhist teacher, anthropologist, and author, played a central role in the League for Spiritual Discovery. Her work with indigenous cultures and her commitment to interfaith dialogue brought a unique perspective to the League's activities.

As the League's Director, she guided the organization through its many transformative years, fostering a spirit of compassion, inquiry, and cultural exchange. Her teachings continue to inspire individuals seeking wisdom and spiritual growth.

The League for Spiritual Discovery was a pioneering organization that played a vital role in the cultural revolution of the 1960s. Through its consciousness-expanding workshops, conferences, and exploration of the psychedelic experience, the League fostered a community of spiritual seekers and inspired a generation to embark on their own journeys of transformation.

The League's legacy continues to shape our understanding of consciousness, spirituality, and the power of the human mind. It is a testament to the enduring power of collective exploration and the transformative potential that lies within each and every one of us.



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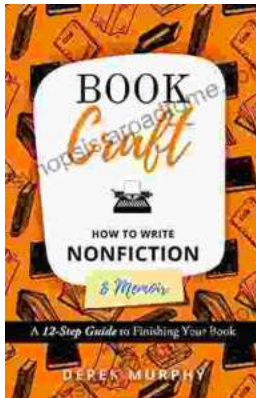
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