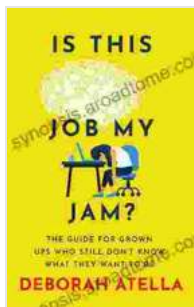


The Guide For Grown Ups Who Still Don't Know What They Want To Be

In a world where societal expectations and pressures often dictate our career choices, it's not uncommon for individuals to reach adulthood without a clear career path or passion. The Guide For Grown Ups Who Still Don't Know What They Want To Be is the ultimate resource for navigating this career indecision and unlocking your full potential.



Is This Job My Jam?: The Guide for Grown Ups Who Still Don't Know What They Want to Be by Deborah Atella

★★★★☆ 4.8 out of 5

Language : English
File size : 1605 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 132 pages
Lending : Enabled



Written by experienced career counselors and life coaches, this comprehensive guide provides a step-by-step framework for self-discovery and career exploration. By delving into your values, interests, and life experiences, you'll gain a deeper understanding of yourself and identify career paths that align with your authentic aspirations.

Chapter 1: Embracing Your Journey of Self-Discovery

The first step towards finding your purpose is embracing your journey of self-discovery. This chapter guides you through a series of introspective exercises and assessments designed to uncover your core values, strengths, and passions. Through this process, you'll gain a clearer sense of what is important to you and what you want to contribute to the world.

My Core Values

(CIRCLE THE TOP 20 THAT BEST DESCRIBE HOW YOU WOULD FEEL FROM THE LIST)


Family	Adaptability	Patience	Balance
Freedom	Empathy	Security	Responsibility
Discovery	Integrity	Education	Personal Growth
Adventure	Open-mindedness	Tradition	Reliability
Community	Stability	Order	Ability
Self-Confidence	Teamwork	Power	Leadership
Challenge	Learning	Control	Health
Flexibility	Humility	Peace	Kindness
Kindness	Perseverance	Warmth	Generosity
Humor	Courage	Confidence	Optimism
Peace	Curiosity	Ambition	Resilience
Love	Gratitude	Helpfulness	Flexibility
Kindness	Compassion	Kindness	Generosity
Love	Patience	Trust	Open-mindedness
Kindness	Confidence	Integrity	Resilience
Love	Gratitude	Kindness	Optimism
Kindness	Patience	Trust	Open-mindedness
Love	Confidence	Integrity	Resilience
Love	Gratitude	Kindness	Optimism
Love	Patience	Trust	Open-mindedness
Love	Confidence	Integrity	Resilience
Love	Gratitude	Kindness	Optimism
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Love	Confidence	Integrity	Resilience
Love	Gratitude	Kindness	Optimism
Love	Patience	Trust	Open-mindedness
Love	Confidence	Integrity	Resilience
Love	Gratitude	Kindness	Optimism


FROM THE TOP 20, CHOOSE YOUR TOP 10:


- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10


FROM THE TOP 10, CHOOSE YOUR TOP 5:











NOTES:

Chapter 2: Exploring Career Options

Once you have a better understanding of your values and aspirations, it's time to explore the vast array of career options that await you. This chapter provides a comprehensive guide to different industries, job functions, and career paths. You'll also learn how to research potential careers and identify those that align with your goals.



Chapter 3: Building Your Skillset and Experience

Finding a fulfilling career often requires developing new skills and gaining relevant experience. This chapter provides practical advice on how to identify the skills you need for your desired career path and how to acquire them through education, training, or on-the-job experience. You'll also learn how to build a strong network and connect with professionals in your field.



Chapter 4: Overcoming Obstacles and Staying Motivated

The journey of self-discovery and career exploration is not always straightforward. This chapter provides strategies for overcoming common obstacles and staying motivated throughout the process. You'll learn how to deal with self-doubt, fear, and setbacks, and how to maintain a positive mindset and focus on your goals.



Chapter 5: Taking Action and Making Your Dreams a Reality

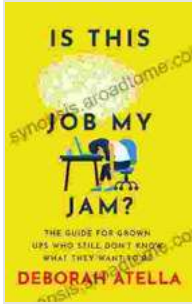
Once you have identified your career path and developed the necessary skills, it's time to take action and make your dreams a reality. This chapter provides a roadmap for creating a job search strategy, preparing for interviews, and negotiating your salary and benefits. You'll also learn how to build a strong resume and cover letter that showcases your unique strengths and qualifications.

10 STEP PROCESS for — IMPLEMENTING AN EFFECTIVE RAISE or SALARY NEGOTIATION STRATEGY

- 1 GET in the right mind-set.
 - 2 PREPARE for the negotiation early.
 - 3 GATHER information to prove your case.
 - 4 PROVIDE fact-based, quantifiable data.
 - 5 COMMUNICATE a persuasive argument.
 - 6 LEARN the secrets to negotiating the highest amount.
 - 7 REALIZE the dos and don'ts of negotiation.
 - 8 NEGOTIATE the best offer.
 - 9 CONSIDER the impact before accepting an offer.
 - 10 DON'T FORGET TO FOLLOW-UP.
- 

The Guide For Grown Ups Who Still Don't Know What They Want To Be is your essential companion on the journey to finding a fulfilling and purpose-driven career. By providing a clear framework for self-discovery, career exploration, and skill development, this comprehensive guide empowers you to unlock your potential and live a life of meaning and passion.

Embark on your transformative journey today and discover the career path that awaits you. Free Download your copy of The Guide For Grown Ups Who Still Don't Know What They Want To Be now and take the first step towards a brighter future.



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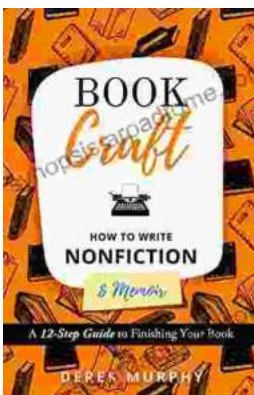
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