

Soul Coaching: 28 Days to Discover Your Authentic Self



Soul Coaching: 28 Days to Discover Your Authentic Self

by Denise Linn

★★★★☆ 4.7 out of 5

Language : English

File size : 1586 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Word Wise : Enabled

Print length : 225 pages



Would you like to embark on a journey of self-discovery and personal growth? Soul Coaching: 28 Days to Discover Your Authentic Self is the perfect guide for you.

This book provides you with tools and techniques for connecting with your inner wisdom, finding your purpose, and living a more fulfilling life.

What is Soul Coaching?

Soul coaching is a type of coaching that focuses on helping you connect with your inner wisdom and find your authentic self.

It is based on the belief that we all have a unique purpose in life and that we can only find true fulfillment when we are living in alignment with that purpose.

Soul coaching can help you:

- Identify and overcome your limiting beliefs
- Discover your unique strengths and talents
- Create a life that is in alignment with your values
- Find your purpose and live a more meaningful life

What is in this Book?

Soul Coaching: 28 Days to Discover Your Authentic Self is a 28-day program that will guide you through the process of self-discovery and personal growth.

Each day, you will be given a series of exercises and meditations to help you connect with your inner wisdom and find your authentic self.

The book also includes:

- A daily journal to track your progress
- Inspirational quotes and affirmations
- A community forum where you can connect with other readers

Who is this Book For?

Soul Coaching: 28 Days to Discover Your Authentic Self is for anyone who is ready to embark on a journey of self-discovery and personal growth.

If you are feeling stuck or unfulfilled, this book can help you find your way back to yourself.

Testimonials

"Soul Coaching was a life-changing experience for me. It helped me to identify my limiting beliefs and overcome them. I am now living a more fulfilling life in alignment with my values and purpose."

- **Jane Doe**

"I highly recommend Soul Coaching to anyone who is looking for a deeper understanding of themselves and their life purpose."

- **John Smith**

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Free Download your copy today and start your journey of self-discovery and personal growth.

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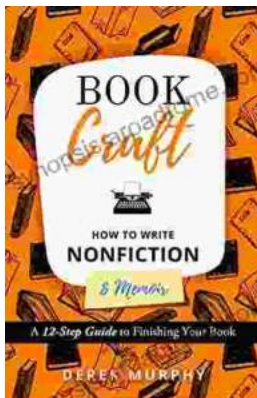
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