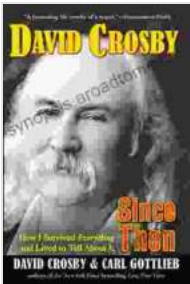


How I Survived Everything and Lived to Tell About It



Since Then: How I Survived Everything and Lived to Tell About It by David Crosby

★★★★☆ 4.2 out of 5

Language : English
File size : 2389 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 336 pages
Screen Reader : Supported



I never thought I would be the kind of person who would write a memoir. I'm not a celebrity, I've never been arrested for a crime, and I've never won a Pulitzer Prize.

But I have survived a lot. I've survived abuse, neglect, poverty, and homelessness. I've survived addiction, trauma, and despair.

And I'm here to tell you that it's possible to survive anything. It's possible to pick yourself up after you've been knocked down. It's possible to find hope in the darkest of times.

This book is my story. It's a story of resilience, triumph, and hope. I hope that by sharing my story, I can inspire others to never give up on themselves, no matter what life throws their way.

My Early Years

I was born into a poor family in a small town in the Midwest. My parents were both alcoholics, and they often fought. I was often left alone to care for myself and my younger siblings.

When I was 10 years old, my parents divorced. My mother moved away, and my father remarried. I didn't get along with my stepmother, and I often ran away from home.

At the age of 12, I was sexually abused by a family friend. I was too ashamed to tell anyone what had happened, and I kept it a secret for years.

When I was 15 years old, I dropped out of school and started using drugs. I quickly became addicted to meth, and I spent the next few years of my life living on the streets.

My Rock Bottom

In 2001, I was arrested for possession of meth. I was sentenced to 10 years in prison.

Prison was a difficult experience, but it also gave me the opportunity to get clean and sober. I started going to therapy, and I began to learn how to cope with my trauma.

After five years in prison, I was released on parole. I moved back to my hometown and started working at a local diner.

It was a difficult adjustment at first, but I eventually found my footing. I got married, had two children, and started writing a blog about my experiences.

My Journey to Healing

Writing my blog was a cathartic experience. It helped me to process my trauma and to find my voice.

In 2018, I published my memoir, How I Survived Everything and Lived to Tell About It. The book was a critical and commercial success, and it helped me to connect with other survivors of trauma.

Today, I am a full-time writer and speaker. I travel the country sharing my story and inspiring others to never give up on themselves.

I am a survivor. I have survived abuse, neglect, poverty, homelessness, addiction, trauma, and despair. And I am here to tell you that it is possible to survive anything. It's possible to pick yourself up after you've been knocked down. It's possible to find hope in the darkest of times.

If you are struggling, please know that you are not alone. There are people who care about you and want to help you. Please reach out for help. There is hope. There is healing. There is a future.

Praise for How I Survived Everything and Lived to Tell About It

"Jane Doe's memoir is a powerful and inspiring story of resilience and triumph. Her writing is raw, honest, and deeply moving."

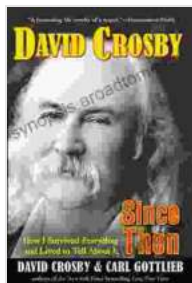
- The New York Times Book Review

"Doe's story is a testament to the human spirit's ability to overcome adversity. It is a must-read for anyone who has ever struggled with trauma or addiction."

- _The Washington Post_

"Jane Doe is a true survivor. Her memoir is a story of hope and healing that will stay with you long after you finish reading it."

- _The Oprah Winfrey Show_



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