# From Drugs And Cosmetics To Food And Tobacco: A Comprehensive Guide to FDA Regulations

The Food and Drug Administration (FDA) is a federal agency of the United States Department of Health and Human Services. The FDA is responsible for protecting the public health by ensuring the safety, efficacy, and security of human drugs, biological products, and medical devices; and by ensuring the safety of our nation's food supply, cosmetics, and products that emit radiation.

The FDA regulates a wide range of products, including:



An Overview of FDA Regulated Products: From Drugs and Cosmetics to Food and Tobacco by Logan Styles

★★★★★ 4.4 0	out of 5
Language	: English
File size	: 14172 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 273 pages



- Drugs, both prescription and over-the-counter
- Biological products, such as vaccines and blood products
- Medical devices, such as pacemakers and artificial limbs

- Food, including processed foods, beverages, and dietary supplements
- Cosmetics, such as makeup, hair products, and skin care products
- Products that emit radiation, such as X-ray machines and nuclear power plants

The FDA's mission is to protect the public health by ensuring the safety, efficacy, and security of these products. The FDA does this by:

- Reviewing and approving new drugs, biological products, and medical devices before they can be marketed
- Inspecting manufacturing facilities to ensure that products are made in a safe and sanitary manner
- Monitoring the safety of products after they have been marketed
- Taking enforcement actions against companies that violate FDA regulations

The FDA's work is essential to protecting the public health. The FDA's regulations help to ensure that the products we use are safe and effective, and that our food supply is safe to eat.

#### Drugs

The FDA regulates all drugs, both prescription and over-the-counter. Before a new drug can be marketed, it must be approved by the FDA. The FDA reviews the drug's safety and efficacy data to ensure that the drug is safe and effective for its intended use. Once a drug is approved, the FDA continues to monitor its safety. The FDA may require drug companies to conduct post-marketing studies to further evaluate the drug's safety and efficacy. The FDA may also take enforcement actions against drug companies that violate FDA regulations.

## **Biological Products**

Biological products are products that are made from living organisms. Biological products include vaccines, blood products, and tissues. Before a new biological product can be marketed, it must be approved by the FDA. The FDA reviews the product's safety and efficacy data to ensure that the product is safe and effective for its intended use.

Once a biological product is approved, the FDA continues to monitor its safety. The FDA may require biological product companies to conduct post-marketing studies to further evaluate the product's safety and efficacy. The FDA may also take enforcement actions against biological product companies that violate FDA regulations.

#### **Medical Devices**

Medical devices are devices that are used to diagnose, treat, or prevent disease. Medical devices include pacemakers, artificial limbs, and X-ray machines. Before a new medical device can be marketed, it must be approved by the FDA. The FDA reviews the device's safety and efficacy data to ensure that the device is safe and effective for its intended use.

Once a medical device is approved, the FDA continues to monitor its safety. The FDA may require medical device companies to conduct post-marketing studies to further evaluate the device's safety and efficacy. The

FDA may also take enforcement actions against medical device companies that violate FDA regulations.

#### Food

The FDA regulates all food, including processed foods, beverages, and dietary supplements. The FDA ensures that food is safe to eat by inspecting food manufacturing facilities and by monitoring the safety of food after it has been marketed.

The FDA also regulates the labeling of food products. The FDA requires food labels to include information about the product's ingredients, nutrition, and allergens. The FDA also regulates the advertising of food products. The FDA requires food advertisements to be truthful and not misleading.

## Cosmetics

Cosmetics are products that are used to improve the appearance of the skin, hair, or nails. Cosmetics include makeup, hair products, and skin care products. The FDA regulates cosmetics to ensure that they are safe to use.

The FDA does not require cosmetic companies to submit their products for approval before they are marketed. However, the FDA does have the authority to take enforcement actions against cosmetic companies that violate FDA regulations. The FDA may also require cosmetic companies to recall products that are found to be unsafe.

# **Products That Emit Radiation**

Products that emit radiation include X-ray machines, nuclear power plants, and radioactive materials. The FDA regulates products that emit radiation to protect the public from exposure to harmful radiation. The FDA sets standards for the safe use of products that emit radiation. The FDA also inspects facilities that use products that emit radiation to ensure that they are complying with FDA regulations.

The FDA's work is essential to protecting the public health. The FDA's regulations help to ensure that the products we use are safe and effective, and that our food supply is safe to eat.



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