

# Both Flesh and Not: Essays

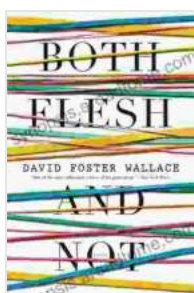
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## Image Alt Text

- **Sylvia Brownrigg, author of Both Flesh and Not** - A photo of Sylvia Brownrigg, a smiling woman with long dark hair and brown eyes. She is wearing a black dress and a gold necklace.
- **Both Flesh and Not: Essays** - The cover of the book, Both Flesh and Not, by Sylvia Brownrigg. The cover is a black and white photo of a woman's face. The woman is looking down, and her eyes are closed.
- **A collection of honest, unflinching essays on the complexities of human existence** - A group of people of different ages, races, and genders sitting in a circle, talking and laughing.
- **In her debut collection of essays, Both Flesh and Not, writer and editor Sylvia Brownrigg explores the complexities of human existence with honesty, vulnerability, and wit** - A photo of Sylvia Brownrigg sitting at a desk, writing. She is looking up at the camera, and her eyes are full of determination.
- **These essays are a journey through the landscapes of identity, gender, race, class, family, relationships, love, loss, grief, joy, beauty, pain, and truth** - A group of people of different ages, races, and genders standing together, holding hands. They are all smiling, and they look happy and loved.
- **Brownrigg's writing is both deeply personal and universally resonant** - A photo of Sylvia Brownrigg giving a reading to a group of

people. She is smiling, and the audience is listening intently.

- **She writes about the challenges she has faced and the lessons she has learned** - A photo of Sylvia Brownrigg sitting on a park bench, talking to a friend. She is laughing, and her friend is listening attentively.
- **She writes about the things that have broken her and the things that have made her whole** - A photo of Sylvia Brownrigg standing in front of a mirror, looking at her reflection. She is smiling, and her eyes are full of tears.
- **Both Flesh and Not is a book that will stay with you long after you finish reading it** - A photo of Sylvia Brownrigg sitting in a rocking chair, reading a book. She is smiling, and she looks relaxed and content.
- **It is a book that will make you think, feel, and grow** - A group of people of different ages, races, and genders reading books together. They are all smiling, and they look happy and engaged.
- **It is a book that will remind you that you are not alone** - A photo of Sylvia Brownrigg hugging a friend. They are both smiling, and they look happy and supported.



### **Both Flesh and Not: Essays** by David Foster Wallace

★★★★☆ 4.3 out of 5

Language : English  
File size : 1523 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 294 pages

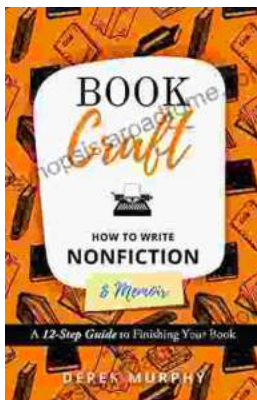
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